



Foundation & Key Stage 1

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Year	Term 1 Personal	Term 2 Social	Term 3 Cognitive	Term 4 Creative	Term 5 Physical	Term 6 Health and Fitness
Year R	Real PE Foundation	Real PE Foundation	Real PE Foundation	Real PE Foundation	Real PE Foundation	Real PE Foundation
Year 1	real PE Unit 1 Footwork and one leg balance	real PE Unit 2 Jumping/landing and seated balance	real PE Unit 3 Dynamic balance and stance	real PE Unit 4 Ball skills and counter balance	real PE Unit 5 Sending & receiving and reaction/response	real PE Unit 6 Ball chasing and floor work
	MSSP Games Unit	MSSP Games Unit	MSSP Games Unit	Real gym	Athletics	Real dance
Year 2	real PE Unit 1 Footwork and one leg balance	real PE Unit 2 Jumping/landing and seated balance	real PE Unit 3 Dynamic balance and stance	real PE Unit 4 Ball skills and counter balance	real PE Unit 5 Sending & receiving and reaction/response	real PE Unit 6 Ball chasing and floor work
	MSSP Games Unit	MSSP Games Unit	MSSP Games Unit	Real gym	Athletics	Real dance

Years 3 & 4

	Term 1 Personal	Term 2 Social	Term 3 Cognitive	Term 4 Creative	Term 5 Physical	Term 6 Health and Fitness
Year 3	real PE Unit 1 Footwork and one leg balance	real PE Unit 2 Jumping/landing and seated balance	real PE Unit 3 Dynamic balance and ball skills	real PE Unit 4 Sending & receiving and counter balance	real PE Unit 5 Reaction/response and floor work	real PE Unit 6 Ball chasing and stance
	MSSP Tag Rugby	MSSP Hockey	Real Gym (Unit 1)	Real Dance (Unit 2)	Athletics	MSSP Rounders
Year 4	real PE Unit 1 Footwork and one leg balance	real PE Unit 2 Jumping/landing and seated balance	real PE Unit 3 Dynamic balance and ball skills	real PE Unit 4 Sending & receiving and counter balance	real PE Unit 5 Reaction/response and floor work	real PE Unit 6 Ball chasing and stance
	MSSP Tag Rugby	MSSP Hockey	Real Gym (Unit 1)	Real Dance (Unit 2)	Athletics	MSSP Rounders

Years 5 & 6

Year 5	Term 1 Personal	Term 2 Social	Term 3 Cognitive	Term 4 Creative	Term 5 Physical	Term 6 Health and Fitness
Swimming to replace sport/games module not real PE when swimming takes place	real PE Unit 1 Ball skills and reaction/response	real PE Unit 2 Dynamic Balance and Counter Balance	real PE Unit 3 Stance and footwork	real PE Unit 4 Seated balance and floor work	real PE Unit 5 Jumping & landing and one leg balance	real PE Unit 6 Sending & receiving and ball chasing
	Real Gym (Unit 1)	MSSP Tennis	MSSP Netball	MSSP Cricket	Athletics	Real Dance (Unit 1)
Year 6	real PE Unit 1 Ball skills and reaction/response	real PE Unit 2 Dynamic Balance and Counter Balance	real PE Unit 3 Stance and footwork	real PE Unit 4 Seated balance and floor work	real PE Unit 5 Jumping & landing and one leg balance	real PE Unit 6 Sending & receiving and ball chasing
	Real Gym (Unit 2)	MSSP Tennis	MSSP Netball	MSSP Cricket	Athletics	Real Dance (Unit 2)

	Enrichment Sports with Mr Philip					
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1 / 2	Sending and receiving	Striking and fielding	Invasion Games	Target games	Net and wall games	Team building
Year 3 / 4	Basketball	Handball	Dodgeball	Netball	Golf	Cricket
Year 5 / 6	Volleyball	Dodgeball	Badminton	Hockey	Rounders	Golf

Reception	<p>Across the school, all children are exposed to a range of different role models and diverse individuals related to different sporting areas. This is shown through a variety of mediums, including lesson resources, displays and assemblies - all of these are taught in an implicit way. Our house teams are named after inspirational Olympians and Paralympians.</p> <p>Across different year groups, pupils are introduced to an inspiring individual who meets one of the different protected characteristics - these are listed below. Time is spent learning about this person and their achievements (sporting and other), implicitly exposing the children to understanding any struggles this individual may have encountered. Where possible, the selected individuals match up with sports being taught in year groups.</p>
Year 1	Simone Biles - Gymnast
Year 2	Marcus Rashford - Footballer
Year 3	Derek Redmond – Athletics, Ellie Simmonds - Swimming
Year 4	Gareth Thomas - Rugby, David Weir - Athletics,
Year 5	Tom Daley - Swimming (Diving), Billie Jean King - Tennis
Year 6	Basil D'Oliveira - Cricket, Mo Farah - Athletics

EDI in PE