



Wood Field Primary School

PSHE & RSE Long Term Plan

Year	Autumn 1	Autumn 2		Spring 1	Spring 2		Summer 1	Summer 2
EYFS	Self-regulation: my feelings	Building relationships: special relationships		Managing self: taking on challenges	Self-regulation: listening and following instructions		Building relationships: my family and friends	Managing self: my wellbeing
Year 1	Introduction lesson Family and relationships	Family and relationships Health and wellbeing		Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship		Citizenship Economic wellbeing	Economic wellbeing Transition lesson
Year 2	Introduction lesson Family and relationships	Family and relationships Health and wellbeing		Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship		Citizenship	Economic wellbeing Transition lesson
Year 3	Introduction lesson Family and relationships	Family and relationships Health and wellbeing		Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship		Citizenship	Economic wellbeing Transition lesson
Year 4	Introduction lesson Family and relationships	Family and relationships Health and wellbeing		Health and wellbeing Safety and the changing body	Safety and the changing body		Citizenship	Citizenship Economic wellbeing Transition lesson
Year 5	Introduction lesson Family and relationships	Family and relationships Health and wellbeing		Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship		Citizenship Economic wellbeing	Economic wellbeing Transition lesson: roles and responsibilities

Year 6	Introduction lesson Family and relationships	Health and wellbeing		Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship		Citizenship Economic wellbeing	Economic wellbeing Identity Transition lesson: dealing with change
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